

## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

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Applicant: Stearns Art Unit: 3764

Serial No: 09/981,315 Examiner: Crow

Filed: October 16, 2001

Title: EXERCISE METHODS AND APPARATUS  
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I hereby certify that this AMENDMENT AND RESPONSE AFTER FINAL REJECTION is being sent via facsimile number (703) 872-9303 to M.S. AF, Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450, on this 24th day of March, 2004.

MAK  
Mark A. Krull

AMENDMENT AND RESPONSE AFTER FINAL REJECTION

M.S. AF  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

Dear Sir:

Introduction

This Amendment and Response After Final Rejection is being submitted in reply to the Office Action dated January 26, 2004. Consideration is respectfully requested, and is deemed appropriate since the subject Action raises certain issues for the first time even though the source of such issues was present prior to the mailing of the previous Office Action.

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MAK  
Mark A. Krull

TRANSMITTAL SHEET

Dear Sir:

In connection with the above-identified patent application, transmitted herewith is an Amendment and Response After Final Rejection (10 pages).

MAK  
Mark A. Krull  
Reg. No. 34,205

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